

Aristotelian System



The changeable elements within the lunar sphere (arranged outer to inner)

-Mixed within the lunar sphere but all have levels of greater 'concentration.'

element	season	bodily fluid	organ	temperament	source of happiness
fire	summer	yellow bile	gallbladder	choleric – dominant, ambitious, energetic and driven	material gain
air	spring	blood	liver	sanaguine - optimistic, cheerful, confident, rational, and fun-loving	sensuous pleasure
water	winter	phlegm	lungs (brain)	phlegmatic - consistent, relaxed, reliable, unemotional and observant	logical investigation
earth	autumn	black bile	spleen (kidneys)	melancholic – thoughtful, creative, perfectionistic and susceptible to depressiono	moral virtue

The unchanging element in and beyond the lunar sphere

ether or aether or quintessence

If you want to have a male child, when should you and your partner have sex and what should you eat before?

If you want to have a female child, when should you and your partner have sex and what should you eat before?

What disease/disorder would be caused by going outside in light clothing during a day when it was raining and just above the temperature of freezing? Why did this disease/disorder occur and what are the (quite predictable) symptoms of this disease/disorder? How would you treat such a disease disorder?

Someone has a high fever. What is a symptom that sometimes accompanies a high fever that shows the body trying to restore its own humoral balance. Describe the nature of the humoral imbalance that has occurred and prescribe an appropriate treatment.

Someone has a very dry cough deep in the chest? How would you treat such problem to rebalance the humors?

Someone drinks a whole lot of alcohol (wine). Describe the effect of this upon the humors. What can occur after this mass consumption of alcohol that shows the body trying to restore its own humoral balance.

Someone you know has a big event coming up but as the result of a bad fall shows red bruising on his neck. What humor has accumulated locally? How could you treat this humoral accumulation to relieve the symptom before the event?

Someone who was born in late July (a Leo) is a real "gunner" at work and is always pissing people off, but gets things done. Explain why humorally?